



Welcome with Pride!

At The Essex Resort & Spa, each guest is welcomed with warmth and authenticity. Whether you are planning a romantic escape, a solo retreat, or a group getaway, you will find a safe, inclusive space to relax and connect.

Onsite Culinary Experiences

Lobby Café; offering fresh baked goods daily from our onsite Bake Shop.

Junction Restaurant: Come and be inspired. An intimate and interactive restaurant. Dinner served Thursday – Sunday nights. AAA Four Diamond and Wine Spectator Award certified.

Lazy Goat Tavern – Our cozy tavern is a hub for community, where you can admire local art and enjoy live music, participate in music bingo, enjoy nightly specials.

Cooking Classes available – Our history includes being a teaching campus for the New England Culinary Institute (1989 – 2009). We have continued with the teaching tradition. Sign up for a culinary cooking class and enjoy learning new cooking and baking techniques from our onsite instructional chefs.

Onsite Spa

A Full-service spa with massages, facials & body treatments; outdoor hot tub, sauna & steam room; seasonal wellness packages available. Indoor Pool for lap swimming and well-equipped Fitness Center.

The Essex Experience — Just Steps Away

Double E Performance Center - Live music, film screenings. [Local Entertainment Near The Essex Resort & Spa in Burlington, Vermont](#)

Locally Owned Shops - 20+ boutiques featuring fashion, food, cider tasting, wine bar, Vermont-made goods & art, including one of the largest Vermont Galleries featuring 400 Vermont Artists. [The Essex Experience, A Destination For Unique Vermont Experiences](#)

Salt & Bubbles Wine Bar - Essex Chic, inclusive wine bar perfect for date nights [Salt & Bubbles](#)

The Bramble Restaurant - Highly recommended local restaurant with friendly welcoming staff. Located less than a mile from the Resort. [bramble](#)

Black Flannel Brewery & Distillery - Located less than a mile from the Resort. Beer, food & spirits are made onsite from scratch. [Black Flannel - Black Flannel Brewing & Distilling Company](#)

Resources for Nearby Community Events ~

Pride Center of Vermont – Burlington Community hub offering events, resources & support
[Home - LGBTQ Community Center](#)

Lyric Theatre Company – South Burlington Local performing arts with inclusive programming committed to cultivating a culture of diversity, inclusion and belonging. [Home - Lyric Theatre Company](#)

Flynn Center for the Performing Arts - The Flynn lights up stages and communities alike with performances that inspire and moments that transform. Here, bold art feels personal – and belonging takes center stage. [Flynn Center - Home](#)

Plan Your Stay

Whether you are here for romance, relaxation, or community connection, **The Essex Resort & Spa** offers a truly inclusive Vermont experience.

Website: www.essexresortspa.com

Phone: (802) 878-1100

Location: 70 Essex Way, Essex, VT 05452